



THE ONE METHOD

Optimized Network Efficiency

Save money on prescriptions without compromising member access

Let's talk about your pharmacy network

It's no secret that health care costs continue to rise. Benefit teams just like yours have been forced to make hard choices to keep offering members an attractive benefits package while trying to save money.

When's the last time you examined your pharmacy network to help deliver savings? Networks are set up to help plans and your members save money, and they come in all shapes and sizes. Unless yours is fully optimized, you're leaving money on the table.

With the enhancements Express Scripts PBM has made to network options, the savings are substantial, the change is minimal, and the value return is instant and sustainable.

Are you avoiding a change in networks for fear of displacing members?
Our analyses of pharmacy utilization shows the average client's member population uses only **5%** of available pharmacies, which means a significant number of your in-network pharmacies are not being used!

Optimize without compromise

The **ONE Method**, Optimized Network Efficiency, gives you the power to optimize your network without compromising your members' access. You'll save money on literally every fill... and members can, too.

The ONE Method can identify the right optimized network for your plan, consisting of:

- A 30-day network that allows members to choose from nearly all pharmacies in the nation
- A 90-day network for members taking maintenance medications that includes access to retail pharmacies and home delivery from Express Scripts® Pharmacy
- Clinical care with each member-to-pharmacist interaction for patients living with some of the most common disease states: diabetes, pulmonary and neurological conditions. This matters, because patients interact with pharmacists up to 12x/year.¹ And studies show enhancing communication can lead to significant breakthroughs in medication adherence.²

¹ Based on member filling prescription 1x per month

² <http://www.pharmacytimes.com/future-of-pharmacy/lets-talk-medication-adherence>

Don't make big changes, make the right one.

With a bundled network strategy, we make it easier to pick the optimization level that works for your plan and your members.

	Gold	Silver	Bronze
Benefit	The most savings for plans, while still providing members with access to nearly all pharmacies in the nation, and they'll be 19% more adherent on average to their medication regime.	Choice to manage the 30-day side of the network, the 90-day side of the network, or all aspects to ensure a holistic strategy.	The most flexible of our three tier options and a great step forward in more closely managing your network.
Savings	Bundles save up to \$73 PMPY ³	Bundles save up to \$34 PMPY ³	Bundles save up to \$11 PMPY ³
Choices	Members choose from practically any pharmacy in the nation to fill their short-term medications, and save up to \$10 per prescription when they use conveniently located preferred pharmacies set by you. Express Scripts® Pharmacy or select retailers also fill maintenance medications.	Members choose from an abundance of pharmacies to fill their short-term medications. Express Scripts® Pharmacy or select retailers also fill maintenance medications.	Members choose from thousands of pharmacies for all medication prescriptions, and depending on your goals, can pick up maintenance meds monthly or get their medications delivered every three months.

Reinvest your savings

Plans that optimize see significant savings without making substantial tradeoffs for their members. It's time for you to stop spending money on networks that are not aligned with your plan needs. Imagine being able to implement a wellness program or keep premiums flat year over year with the savings you'll see from optimization.

Seamless member experience

Member experience is the most important thing for us when there's a change in your network. We can work together to answer every question so they fully understand their pharmacy network benefit. That's why we offer our proven communications strategies and much more:

- Members can easily transfer a prescription through a quick call to us, their doctor or their pharmacy, or via our website and mobile app.
- No matter where your members choose to fill their medications, they'll receive fully integrated communications – including letters, texts, emails and phone calls, that clearly outline their choices and money-saving opportunities.
- We also work with our retail partners to ensure each store is ready and stocked with the medications new members need. And we share alerts with pharmacies when members have an available savings opportunity.

For clients of all sizes, we can apply the right strategy for your goals.
For custom modeling, please contact your
Express Scripts account representative.

³ All savings are estimated and will vary by client

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