



# 8.7% drop in hyperglycemic episodes

Hyperglycemia is high blood sugar and happens when the body has too little insulin or can't use insulin properly, leading to nerve damage, kidney disease, vision loss, and other serious conditions.



**Challenge:** Members living with diabetes often have difficulty controlling blood sugar levels, leading to health complications and higher downstream medical costs. Diabetes Remote Monitoring offers a proven solution for better outcomes.

## Personalized Solution

- Cellular enabled glucometer syncs to mobile and desktop apps and allows for real time transmission of glucose values
- One on one coaching from certified diabetes educators help members **make healthier decisions**

## Member outcome after two months of enrollment

- Hyperglycemic episodes per 1,000 readings **decreased 8.7%<sup>1</sup>**, lowering members' risk of emergent health needs.
- Results of an economic analysis show **\$13,546 in savings for every person with** diabetes whose treatment is adjusted to individual needs over their lifetime in comparison to uniform treatment.<sup>2</sup>

1 Livongo internal data, 2019

2 Laiteerapong N, Cooper JM, Skandari R, et al. Individualized Glycemic Control for U.S. Adults With Type 2 Diabetes: A Cost-Effectiveness Analysis. Ann Intern Med. 2017. Available at: <http://annals.org/aim/article-abstract/2665902/individualized-glycemic-control-u-s-adults-type-2-diabetes-cost>. Accessed June 2020.

