

SAFEGUARDRX®

Diabetes Care ValueSM Program



Diabetes likely affects us all in one way or another. Perhaps a relative or friend struggles to manage the disease. Maybe you have even been diagnosed.


After all, more than 37 million people in the U.S. have diabetes, and another 96 million adults are considered prediabetic.¹

On its own, diabetes is an epidemic in the U.S. as patients have higher overall health care costs, a greater likelihood of hospitalizations and ER visits, and more missed work days.² On top of that, there is a strong link between diabetes and other costly, chronic conditions, like cardiovascular disease and obesity. All of these factors lead to increased plan costs.

NONADHERENCE COSTS EVERYONE

Diabetes medication nonadherence is a key driver of annual health care spend waste in the United States:

 **\$105B** per year in health care spending is wasted due to chronic condition patient nonadherence.⁴

 **\$25B** of this spend is attributed to diabetes-related nonadherence.⁴ That's nearly a quarter of total chronic condition nonadherence waste.

A NEW ERA FOR DIABETES CARE VALUESM

Diabetes Care Value helped an additional 17.2% of enrolled patients at risk for heart attack or stroke start statin therapy. If all plans were to similarly increase statin use, we estimate nearly 20,346 heart attacks would be prevented over the next 10 years.⁵



\$237 BILLION

in medical costs is attributed to diabetes spend each year³

\$90 BILLION

in lost productivity due to diabetes each year³

The Diabetes Care Value program is part of the SafeGuardRx portfolio that helps save lives and money by focusing on the most costly and complex conditions. We're excited to bring these solutions to you as EvernorthSM, leveraging the specialized clinical model and value-based contracting strategies from Express Scripts PBM.

EVERNORTHSM

HERE'S HOW IT WORKS

- + **Our National Preferred Formulary and Utilization Management tools** drive use to the lowest net-cost diabetes medications.
- + **Preferred quality pharmacy network options** focus on providing better care for your diabetes patients while helping you manage costs. Providing 90-day supplies to patients promotes adherence, closes gaps in care and mitigates unnecessary medical expenses.
- + **Digital Diabetes Prevention and Obesity Solution** provides members with tools that encourage healthy lifestyles and help avoid diagnoses.
- + **Digital Care for type 1 and type 2 diabetes** securely sends results to clinicians who analyze the data and provide meaningful coaching interventions to guide patients toward a healthier lifestyle with better control of glucose levels.
- + **Continuous Glucose Monitor (CGM)** when clinically appropriate, facilitates simpler access to deeper insights. Additional discounts are available on participating CGMs for net new cost savings.
- + **Specialized support from the Express Scripts Diabetes Therapeutic Resource CenterSM** including medication education and counseling for patients already diagnosed with diabetes and those we are helping to avoid a diagnosis.
- + **Reimbursement when patients fall off therapy** through an early discontinuation credit for participating Diabetes Care Value medications.



58% LOWER RISK
of developing type 2 diabetes
with healthy lifestyle changes
through a specialized program.⁶



For more information about the Diabetes Care Value program and how SafeGuardRx makes medicine work harder, visit [SafeGuardRx.com](https://www.SafeGuardRx.com) or contact your account representative.

1. Centers for Disease Control and Prevention. National Diabetes Statistics Report website, 2022.
2. Diabetes dilemma: U.S. trends in diabetes medication use. An Express Scripts report.
3. American Diabetes Association, The Cost of Diabetes
4. AJMC, Center for Biosimilars
5. 2022 SafeGuardRx data
6. Centers for Disease Control and Prevention. National Diabetes Prevention Program, 2021.

About SafeGuardRx

SafeGuardRx offers protection from health care's biggest budgetary threats by combining multiple effective cost-containment strategies into a single platform, and enrolled plans experience lower overall trend than nonenrolled plans. Paired with condition-specific patient engagement and support clients see better patient medication adherence, higher therapy completion rates and greater compliance with clinical guidelines.